





CERTIFICATE

OF PARTICIPATION

This is to certify that

Mmantosa Nkoana



21.1 Km Tzaneen Tuffy Marathon

held at Lomard Avocado @Agatha.

TIME 03:13:47

PACE 09:12/km

OVERALL 205 of 278

GENDER 78 of 127

40+ 32 of 55

11 March 2023, Sat

Date



Bout Lime
Signature